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FOOD OPTIONS IN ABUNDANCE AT HOLIDAY FOLK FAIR *INTERNATIONAL*

MILWAUKEE, WI— Traditional foods from 20 ethnic groups will again be an essential component of the festival experience at the 73rd annual Holiday Folk Fair *International*, America's premiere multi-cultural festival, to be held Fri., Nov. 18 – Sun., Nov. 20, 2016, at the State Fair Park Exposition Center in West Allis, Wis.

The World Café offers a wide assortment of delicacies from around the world that are meant to be shared by Folk Fair visitors. The following groups will have food booths with an extensive menu (a sampling of the available options are listed) from which attendees will choose:

Arab: Chicken Shawarma Wrap, Middle-Eastern Pies, Mango Lassi, and Baklava.

Bavarian: Schnitzel (Seasoned Breaded Pork Loin) Dinner with Knoedel (Bread Dumpling), Sauerkraut, and Rye Bread, and Bratwurst (regular or smoked spicy Brat).

Chinese: Sesame Chicken with Steamed Rice, Pot Sticker, Crab Rangoon, and Moon Cake.

Czech: Veprova Pecene (Roast Pork with Dumpling, Gravy, Sweet Sour Cabbage, and Rye Bread), Knedliky (2 Dumplings with Gravy), and Zeli (Sweet Sour Cabbage).

Egyptian: Macaroni Bachamel, Kabob Hala (Beef Stew & Rice), Stuffed Grape Leaves, Spinach Cheese Pie, and Konafa.

Filipino: Adobo & Rice, Leche Flan, Cassava, and Salabat.

French: Sweet Crepes, including Butter Cinnamon Sugar, Raspberry Jam, Nutella and Banana, and Mixed Flavors.

German: Pork Goulash with Noodles, Potato Pancakes with Sausage & Applesauce, Apple and Cherry Strudel, Bienenstich, Landjaeger, and Hot Mulled Cider.

Greek: Spanakopita, Greek Salad, Koulouria, and Kourambietes.

Indian: Chicken Tikka Masala with Rice, Aloo-Chole With Rice; Mango Juice, and Masala Tea.

Irish: Potato Soup, Irish Beef Stew, Scones, Irish Soda Bread and Mead.

Italian: Cavatappi Pasta with Meatballs and Breadstick, Italian Beef Sandwich, Arancini (Rice Ball), Cannoli, Tiramisu, and Pizzelle.

Mexican: Tacos with Rice, Nachos Supreme, Quesadilla Supreme, Bean Bowl with Cheese and Chips, and **Churros**.

Native American: Buffalo Burger, Buffalo Chili, Corn and Pumpkin Soup, and Fry Bread.

Senegalese: Thiou Combo (Beef Stew, Rice or Couscous, Fataya, and Beignet), Yassa (Chicken, Rice, and Onion Sauce), and Fataya (Beef, Peppers, Onion, and Tomato Sauce).

Serbian: Filled Puff Pastries, Filo Dough (Assortments), Apple Tort, and Lenja Pita.

Slovak: Chicken Paprikash with Halushky, Klobasa Sandwich with Kraut and Pickle, Lentil Soup with Bread, and Assorted Bakery.

Thai: Veggie Spring Roll, Pud Thai Chicken, Mussamum Curry with Chicken, and Smoothies.

Ugandan: Sambusas, Bajia (Potatoes Dipped In Chick Pea Flour and Spices), Goat Curry With Rice, Chapati (Flat Bread) and Tropical Mango Cake.

Vietnamese: Banh Mi Sandwich, Veggie Eggrolls, Nab Vam (Tapioca), Lotus Cookies, and Steam Rice Cakes.

A program of the International Institute of Wisconsin, Holiday Folk Fair *International* celebrates the cultural heritage of the people living in southeastern Wisconsin. This year's theme, "Celebrate the Culture of Water," will allow Fair-goers the opportunity to learn the ways in which water and its symbolism is incorporated into the music, food, dance, arts, and crafts of Holiday Folk Fair.

Special attractions in 2016 include invited international performers and artisans, including the Schlitzlerländer Trachten- und Volkstanzkreis musical group from Schlitz, Germany, a World Heritage Japanese photographic exhibit, the Sisters Cities International 2016 Young Artist and Authors Showcase, The United States Department of State "*Faces of Diplomacy*" exhibit, the Artisan corner sponsored by Debra Stefl and Katherine Kral, Financial Advisors with Morgan Stanley, the Kohl's Color Wheels display, the Wisconsin Woodturners, and a bonsai exhibit.

The three-day event features the All Nations Theater with traditional music and dance, the World Café offering traditional dishes, the International Stage where young people perform their ethnic dances, the Tanzhauz (Music Pavilion) where attendees dance and sing along with a variety of musical styling's, the Coffee House where patrons enjoy a beverage and baked goods while listening to talented musicians, Heritage Lane, presented by Weather Tight Corporation, with unique traditions and customs through interactive exhibits, the International Bazaar, sponsored by Leaf Filter, where cultural artifacts create a unique shopping experience, and the Callen Construction Chef's Stage featuring local chefs preparing traditional cuisine.

Hours on Fri., Nov. 18 are 2 p.m. – 10 p.m.; 10 a.m. – 10 p.m. on Sat., Nov. 19; and 10 a.m. – 7 p.m. on Sun., Nov. 20.

Advance tickets will be sold for \$10 each, with family four-packs for \$36, and available for purchase on-line at www.folkfair.org. Admission at the gate will be \$12 for adults; \$8 for children ages

6 to 12; children under the age of five will be admitted at no charge. Those 62 and over will be admitted for \$10, and all military personnel with a military ID card will be admitted free.

For more information on the 2016 Holiday Folk Fair *International*, visit www.folkfair.org or call the International Institute of Wisconsin at 414-225-6225.

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